

## Registration

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Telephone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

**I would like to attend the following Brain Injury Basics session (please check one):**

- \_\_\_\_\_ **January 23 – Ocean County**  
Southern Ocean County Hospital
- \_\_\_\_\_ **February 27 - Essex County**  
Kessler Institute for Rehabilitation
- \_\_\_\_\_ **March 3 - Union County**  
Children's Specialized Hospital
- \_\_\_\_\_ **April 3 - Morris County**  
Kessler Institute for Rehabilitation
- \_\_\_\_\_ **May 13 - Middlesex County**  
JFK Johnson Rehabilitation Institute's  
Center for Head Injuries/Hartwyck
- \_\_\_\_\_ **June 24 - Atlantic County**  
AtlantiCare Regional Medical Center

Please mail or fax registration to:  
Brain Injury Association of NJ  
1090 King George Post Rd, Suite 708  
Edison, NJ 08837

Fax: (732) 738-1132

**OR Register online at [www.bianj.org](http://www.bianj.org)**

Directions to the sites will be included in your registration confirmation. Directions are also available online at [www.bianj.org](http://www.bianj.org) in the Brain Injury Basics section.

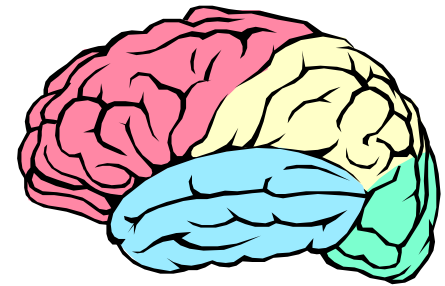
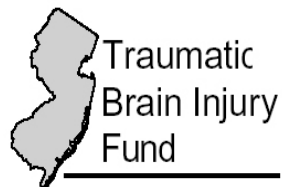
**For more information, please contact:**

**Brain Injury Association of NJ, Inc.**  
1090 King George Post Rd., Suite 708  
Edison, NJ 08837  
Telephone: (732) 738-1002  
Helpline: 1-800-669-4323  
Fax: (732) 738-1132  
Website: [www.bianj.org](http://www.bianj.org)  
E-Mail: [info@bianj.org](mailto:info@bianj.org)

**In case of inclement weather, call the Brain Injury Association of New Jersey office the morning of the session. A message will indicate any cancellations.**



**These sessions are made possible through the New Jersey Traumatic Brain Injury Fund, administered by the New Jersey Department of Human Services, Division of Disability Services.**



# BRAIN INJURY BASICS FOR FAMILIES

Brain injury happens in an instant.  
It affects a family for a lifetime.  
Come learn information that will help you and your family.

A program of the Brain Injury Association of New Jersey.

**January – June, 2008**

## What will I learn?

Attendees will learn about the impact of brain injury on families.

## This free presentation will...

- Provide an overview of brain injury, including definitions and the rate of incidence
- Provide information on the effects of brain injury on families, including the stages of grief family members experience
- Provide information about the common consequences of brain injury: cognitive, physical, and emotional
- Provide information about strategies families can utilize and tips for caregivers
- Provide information on resources available through the Brain Injury Association of New Jersey and agencies throughout the state

**No Brain Injury  
Is Too Mild To Ignore,  
Or Too Severe To Lose Hope**

Six free educational sessions for families are scheduled to address this important topic. Please choose the most convenient date and location:

- **January 23, 7:00-9:00pm, Wednesday Ocean County** – Southern Ocean County Hospital, Family Resource Center at the Ocean Club Bldg, 4<sup>th</sup> Floor Conference Room, 700 Route 9 South, Stafford Township, NJ 08092
- **February 27, 6:30-8:30pm, Wednesday Essex County** – Kessler Institute for Rehabilitation, 1199 Pleasant Valley Way, West Orange, NJ 07052
- **March 3, 7:00-9:00pm, Monday Union County** – Children’s Specialized Hospital, Auditorium A & B, 150 New Providence Road, Mountainside, NJ 07092
- **April 3, 6:30-8:30pm, Thursday Morris County** – Kessler Institute for Rehabilitation, Welkind Facility, 201 Pleasant Hill Road, Chester, NJ 07930
- **May 13, 6:30-8:30pm, Tuesday Middlesex County** – JFK Johnson Rehabilitation Institute, Center for Head Injuries – the Hartwyck Building, 2048 Oak Tree Road, Edison, NJ 08818
- **June 24, 6:30-8:30pm, Tuesday Atlantic County** – AtlantiCare Regional Medical Center, 1925 Pacific Avenue, Atlantic City, NJ 08401

## The Silent Epidemic

9,000 children and adults in New Jersey are hospitalized each year because of brain injury. Thousands of others sustain brain injuries, including concussions, not resulting in a trip to the hospital. More often than not, families move on from hospital and rehabilitation settings with many unanswered questions about brain injury.

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## What families have been saying about Brain Injury Basics for Families:

- “Excellent and informative session for both patient and caregiver – covering all aspects of living with brain injury.”
- “A very complicated subject was made easy to understand.”
- “A very comprehensive overview of the topic of brain injury.”
- “I learned that I am not alone and that there is help.”
- “A lot of information in an easy to understand format.”

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**Each session will be facilitated by Peggy DiTommaso, MSW. For over 18 years, Peggy has volunteered her time as the support group leader for the Brain Injury Association of New Jersey affiliated support group in Monmouth County.**

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